

# **14th EGERSZEG DECATHLON MOUNTAIN MAN MARATHON 2008**

**December 31st, 2008**

*in the hills around Zalaegerszeg for all those who love to run*

## **Start:**

Deák Ferenc Szakközépiskola, Zalaegerszeg, Göcseji út 16. **9.00 a.m.**

## **Events:**

### **Almost Marathon 41.5K**

(along the red **M** hiking signs, Tv tower - Aranyoslap - Jánkahegy - Alsójánkahegyi út - Bartók Béla út - Szállítók u. - Zrínyi Miklós út - Zalabesenyő - Botfa - Bozsoki-hegy - Csácsi-hegy - Parkerdő - Balatoni út overpass - Stadion utca - Október 6. tér - Kaszaháza - Neszele - Hock J.út - Gógán-hegy - Ebergény - Gasparich út - Spar - Platán sor - Deák SZKI (Deák High School))

**includes 5 aid stations**      **Cut-off time: 6 hours**

### **Long Halfmarathon 25K**

(along the red **M** hiking signs, Tv tower - Aranyoslap - Jánkahegy - Botfa - Bozsok - Balatoni út - Tesco Berzsényi út - downtown - / Kossuth út - Göcseji út / Deák SZKI (Deák High School))

**includes 3 aid stations**      **Cut-off time: 3 hours**

### **Potential Marathon Next Year 11K**

(along the red **M** hiking signs, Tv tower - Tv torony - Aranyoslap - Jánkahegy - Mátyás király út - Göcseji út - Deák Deák High School)

**includes 1 aid station with mulled wine**

### **Beginners' Marathon 3,5 km**

(Deák SZKI - Göcseji út /bike path - Köztársaság út intersection - turnaround - Deák SZKI (Deák High School))

***Award Ceremony- scheduled for 1:30p.m.***

***No Entry Fee***

**Awards: surprises by Decathlon**

## ***Race Rules:***

- **The roads will be open to traffic. Highway Code and other traffic regulations should be obeyed by all participants.**
- **Participation is possible at your own risk**
- Awards will remain a secret until the award ceremony
- Sandwiches, tea, soft drinks, mulled wine, pre-party atmosphere and champagne will be served in the finish area at Deák Ferenc High School.
- Swim suits are strongly recommended as they may be needed after the award ceremony.
- **Contact:** Mr. Ferenc Bagoly (in Hungarian) - Tel. 06-92-319-380, 20-968-7427 or Edit Berces [editberces@zalaszam.hu](mailto:editberces@zalaszam.hu) in English, Deutch, Francais etc.
- **Early Registration:** [bagolyferenc@freemail.hu](mailto:bagolyferenc@freemail.hu) , Please find Entry Form below.
- Please find List of Hotels attached.

***Happy Training and Successful finish to All Participants***

## ***Organizers:***

Zala Megyei Triatlon Szövetség – Zalaegerszegi Triatlon Klub – Zalaegerszegi Tájékoztató Futó Club – Zalaegerszeg MJV Önkormányzata – Deák Ferenc Szakközépiskola Zalaegerszeg – Zalaegerszegi Aszfaltszaggatók SE

# Entry Form

## XIV. EGRSZEG DECATHLON MOUNTAIN-MAN MARATHON 2008

42 km

24 km

12 km

3,5 km

Name (last name first): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Occupation (optional) \_\_\_\_\_

Telephone number(s): \_\_\_\_\_

e-mail: \_\_\_\_\_

Club: \_\_\_\_\_ Personal Best Marathon Performance: \_\_\_\_\_

City: \_\_\_\_\_ Year: \_\_\_\_\_

This edition of MMM (2008) is going to be my 1st, 2nd, 3rd, \_\_\_\_\_ th participation in Zalaegerszeg.

I found out about the race from: \_\_\_\_\_

I am aware of the risks involved in participating in the 14th Egerszeg Mountain-Man Marathon 2008 and enter the race willingly and discharge the organizers from any and all claims, causes of action, damages, losses, personal injury or property damage, **including the risk of catching the running bug.**

I am aware of the fact that the roads will be open to traffic. I will obey the Highway Code and other traffic regulations and will accept assistance at aid stations exclusively.

Comments, wishes: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_, December \_\_\_\_\_ 2008

\_\_\_\_\_  
signature

*Successful Finish and a Happy New Year to All Participants*

*List of Affordable Hotels  
in Zalaegerszeg (Country code: + 36)*

➤ PANZIÓ BENZIN	Zrínyi út 20.	92/312-353 (30) 4379-720
➤ PANZIÓ „CSÓKA”	Jókai út 14.	(20) 9963-133
➤ Panzió és Étterem KÉK-SÁRGA	Kaszaházi út 29.	92/511-429 (30) 2859-776
➤ PANZIÓ KÁNTOR	Vágóhíd út 1.	92/313-454 (30) 2773-597
➤ PANZIÓ PANORÁMA	Egerszeghegy, 25339/2.hrsz.	92/323-119
➤ PANZIÓ RUSZWURM	Újhegyi út 33.	92/326-608
➤ Tó-ka Vendégház	Balatoni út 77.	92/321-062
➤ Erdőgyöngye Vendégház	Alsóerdei út	92/348-067
➤ Anita Panzió	Gébárti út 7.	(30) 2367-450
➤ Pitvar Vendéglő és Panzió	Honvéd út 70.	92/330-256 (30) 9797-206

*Merry Christmas and a Happy New Year*

*Zalaegerszeg Triathlon Club*